# 'mawa'ettanx

## FORT RUPERT ELEMENTARY APRIL 2019





Thank you Miss Grover for the beautiful Eco-Art activity on the beach.

#### Gilakas'la FRES Families,

April was a busy month. Days are getting longer, weather is getting warmer, and lives are becoming busier.

Gymnastics, swimming, field trips, student led conferences, Eagle View's Yayuma, a Kerplunk's performance, pancake breakfast, Easter long weekend, safety drills, Ready/Set/Learn, and class photo day were some of our April activities.

If you are feeling overwhelmed remember this quote that I read from Brene Brown's book; Dare to Lead...

"No matter what gets done... and how much is left undone... I am enough."





Grades 2-7 students went to Cluxewe to go clam digging on April 9th, 2019.
Students had a great day digging, exploring, cooking all sorts of things on the fire, and building structures. Thank you Ms Graham for organizing such an amazing day!



## FRES Students



We will call home with every unexcused absence.



#### Too Sick for School? Not Sure? Check here

#### **Allergies**

We are a peanut free school. All other nuts are ok!

#### **Rainy Days**

Living in this beautiful place means we experience frequent rainy days. Please send your child dressed or prepared to play outside rain or shine. This might include sending them with boots, a rain coat, extra socks, or a change of dry clothes.

#### **Breakfast Program**

FRES offers additional healthy choices each morning for any student who may need it. Any parent, guardian, or family member with a valid criminal record check that would like to volunteer their time in the morning to help us deliver this program please contact the school. We offer this program each day starting at 8am.

#### **Emergencies**

Remember that in the event of an emergency all contact goes through: Alison Webber (Principal) Stacey Patterson (Secretary)

250 949 6518 (Fort Rupert Elementary School Office)

#### **Bus & Playground Expectations**

Students are reminded that while riding the bus or playing outside they are expected to follow the school's code of conduct. Which includes respectful behaviour towards each other and ALL staff. Fort Rupert Elementary is very proud of the polite, respectful students that are from our school. We encourage them to be kind wherever they may be.

#### **Cell Phones**

We respect parents wishes with regards to their children bringing cell phones to school for safety reasons. However, while these devices are at school they need to remain silenced and in their child's backpack. If you need to pass on a message during the day to your child the office would be more than happy to do so.

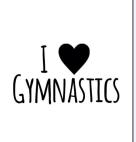
#### **Utensils**

Please send reusable forks and spoons with your child. We are doing our best to reduce our plastic footprint.





FRES joined EVES at the Fort Rupert Bighouse for their Cultural Celebration.



Gymnastics Lessons started for the grade sixes and the grade sevens.



Swimming Lessons started and will continue once the pool is repaired!



Gaga ball continues and students are learning about fairness and sportsmanship.

## Calendar

#### May 2019

Calendarpedia Your source for calendars

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
			Mother's Day Raffle  Gymnastics (Girls)	Hot Dog Lunch		
5	6	7	8	9	10	11
Emergency Preparedness Week →	Staff Meeting: 2:45pm Homewood 6/7 High Risk: 6:00pm Deer Island 4/5/6 High Risk: 6:30pm PAC Meeting: 7:00pm	Fire Drill  Gymnastics: Boys	Intruder Drill	Earthquake Drill Gymnastics: Girls Miss Grover's Last Day 8 8 8	Pro D Day No School!!	
12	13	14	15	16	17	18
		Grade 7s to PHSS 9:00am – 10:00am K/1s to Grassroots 1:10pm-2:10pm	Jump Rope for Heart Kick Off: pm (waiting for confirmation)	Ala'xwa Bone Games Tournament	Last Day for any Homewood related documents etc Miss Heavenor's Last Day 密 密 密	
19	20	21	22	23	24	25
	Victoria Day <b>No School</b>	Grade 67's	CAMP	HOME	WOOD!	
26	27	28	29	30	31	1
			TRACK MEET @ PHSS All Day	Trades Day @ PHSS (for grade 7s)		

© Calendarpedia® www.calendarpedia.com

Data provided 'as is' without warranty

#### JUMP ROPE 4 HEART IS COMING... MAY 15th



Healthy students are better learners.

Jump Rope For Heart is a simple way to support heart and stroke research.

http://support.heartandstroke.ca

### CAMP HOMEWOOD IS COMING UP (67s)...

Experience Outdoor Education at Homewood on beautiful Gowlland Harbour...

Camp Homewood covers 275 acres on the shores of Gowlland Harbour and offers a variety of outdoor education activity and study options. Staff provides instruction for the complete program. They provide an outdoor education manual for each student. It includes space for journal entries plus sections on the various studies and activities they offer. It is customized for the specific activities the group chooses and is designed to be used during the week as well as for follow-up study in the classroom. <a href="https://www.camphomewood.com/school-programs">https://www.camphomewood.com/school-programs</a>

