

FORT RUPERT ELEMENTARY SCHOOL

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May

Fort Rupert Families,

May was filled with many activities. Students did gymnastics, had swimming lessons, we introduced Jump Rope 4 Heart, went to a Track Meet at PHSS, participated in a Ala'xwa Tournament, welcomed Pompom the SEL hamster, and the grade sevens went to Camp Homewood. As June comes and quickly goes we will be already into Summer. It is unbelievable how fast time is going.

We will have a busy month preparing for the end of the year. Please take care of yourselves and each other.



Alison Webber



CAMP HOMEWOOD

A bus, a ferry, and another bus took our Grade 6s & 7s to Camp Homewood.

They went canoeing, horseback riding, and rowing. They did archery, mapping, and tree identification. They even shot rifles.

They went hiking, swimming, and played mission impossible. What a great adventure!!



HONOURED GUEST



MISSION IMPOSSIBLE



ROWING



FIRESIDES



HORSEBACK RIDING



CANOEING



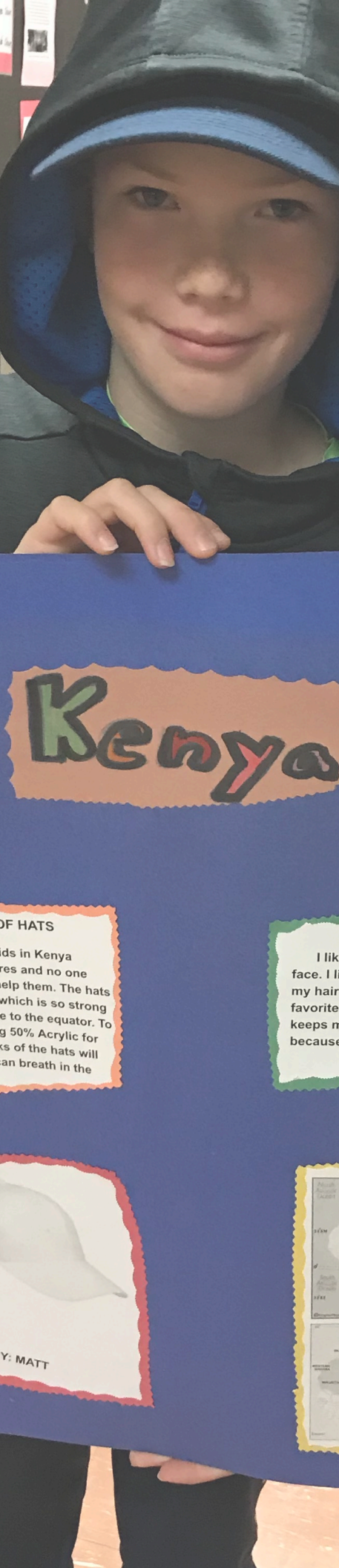
GIANT SLIP & SLIDE



REBECCA SPIT MARINE PARK



BIRTHDAY PARTY



REMINDERS

Allergies:

We are a peanut free school. All other nuts are ok and fit right in!

Rainy Days:

Living in this beautiful place means we experience frequent rainy days. Please send your child dressed or prepared to play outside rain or shine. This might include sending them with boots, a rain coat, extra socks, or a change of dry clothes.

Breakfast Program:

FRES offers additional healthy choices each morning for any student who may need it.

Any parent, guardian, or family member with a valid criminal record check that would like to volunteer their time in the morning to help us deliver this program please contact the school. We offer this program each day starting at 8am.

Emergencies:

Remember that in the event of an emergency all contact goes through:

Alison Webber (Principal)

Stacey Patterson (Secretary)

250 949 6518 (Fort Rupert Elementary School Office)

Bus & Playground Expectations:

Students are reminded that while riding the bus or playing outside they are expected to follow the school's code of conduct. Which includes respectful behaviour towards each other and ALL staff. Fort Rupert Elementary is very proud of the polite, respectful students that are from our school. We encourage them to be kind wherever they may be.

Cell Phones:

We respect parents wishes with regards to their children bringing cell phones to school for safety reasons. However, while these devices are at school they need to remain silenced and in their child's backpack. If you need to pass on a message during the day to your child the office would be more than happy to do so.

Utensils:

Please send reusable forks and spoons with your child. We are doing our

LITTLE MERMAID JUNIOR SCHOOL PLAY

Come join us on **June 5th, 2019**. The amazing Miss C has been working hard and getting our kids ready for a wonderful evening of entertainment.

Doors open at 5:00pm and the show starts at 5:30pm.

Donations Welcomed at the Door



JUMP ROPE FOR HEART KICKOFF...

8th



WELCOME TO FRES POMPOM

2nd

Fort Rupert Elementary is focusing on Social Emotional Learning (SEL) strategies with our students.

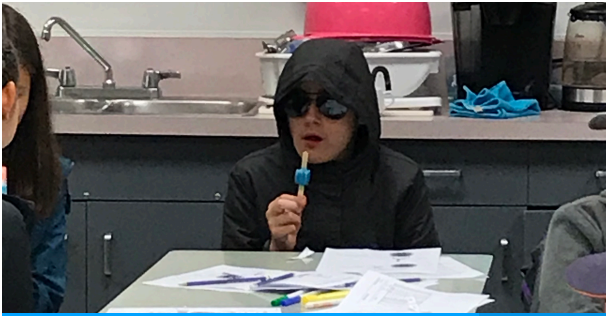
What is SEL?

Social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

Social and emotional learning starts at home. Parents and families are critical partners in helping their children develop social and emotional know-how. They can model the kinds of skills, attitudes, and behaviours we want all students to master. And they can be important advocates for SEL at school.

The school has resources and the organization [CASEL](#) has parent resources too.

Together we will give our children the tools to become successful, educated citizens.



PHSS GRADE 7S
TRANSITION DAY

14th



TRACK EVENT AT PHSS

29th



ALA'XWA TOURNAMENT AT
THE CIVIC CENTRE

16th



MAKING SLIME...
OUTSIDE

28th

Forbes published a lovely article:

The Working Parent's June Survival Guide

June is a tough month here are some strategies:

You really don't have to go to everything

Make it a team effort

Embrace all 168 hours in the week

Remember it is supposed to be fun :)



June 2019

Fort Rupert Elementary School

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3	4	5	6	7	8
PAC Meeting 7:00pm	Little Mermaid Practice All Day	Little Mermaid Play Doors open a 5:00pm Play Starts @ 5:30pm	Swimming Lessons Softball Tournament Grade 6/7s Orca Navy Ship Grade K/1s	Swimming Lessons Grad High Five Walk 12:30pm	PHSS Grad	
9	10	11	12	13	14	15
School Board Visit 10:00am	Grassroots Grade K/1s 12:40pm-2:30pm	New Kindergarten Afternoon 1:00pm-2:00pm	Swimming Lessons Jump Rope 4 Heart Event (Afternoon)	Fire Hall (K/1) Grassroots (2/3/4) 9:15am-11:40am		
16	17	18	19	20	21	22
Swimming Lessons K/1: 1:00pm 4/5/6: 1:30pm	Bear Aware Presentation 1:30pm-2:15pm (possibly)		Swimming Lessons Grade 7 Lunch 12:30pm	FRES Yayuma / Aboriginal Day at tsaxis gukwdzi 10:00am-2:00pm		
23	24	25	26	27	28	29
Deer Island Grade 4/5/6 Swimming Lessons 2/3/4 only 1:00pm-2:00pm	Deer Island Grade 4/5/6 Cluxewe Beach & Fun Day Trip K-7 All Day	Deer Island Grade 4/5/6 Summer Reading Program 10:30am-11:30pm	Awards Day 10:15am-11:30am Report Cards Home Last Day	School is Closed Admin Day		
30	1	2	3	4	5	6