

NOVEMBER 2018



PLEASE CONTACT THE SCHOOL IF YOUR CHILD WILL
BE ABSENT!

Fort Rupert Elementary School Office: 1 250 949 6518

Email: awebber@sd85.bc.ca or spatterson@sd85.bc.ca

GWAXSAM
NEWSLETTER
2018



FORT RUPERT

Gilakas'la

la'mux̄ alak̄ kismits̄an̄xa (it's almost Christmas time).

This month we had a pancake breakfast and Pajama day, parent/teacher interviews, observed Remembrance Day, participated in a soccer tournament at GN, Kindergarteners had their hearing and vision tests, Sierra club presentation, Epi-Pen training, and a professional day.

We continue to practice social emotional strategies with our students. Ask your child about the Zones of Regulation.

Our wonderful PAC continues to fundraise. Please make sure you pick up any Poinsettia and Vegetable orders you may have placed. Last PAC meeting of 2018 is this Monday at 7:00pm.

Fort Rupert wants to make sure all our community members feel supported. If you need any type of services please contact the school and we will do our best to help you. Also, if you can, Fort Rupert Elementary will be accepting all types of Harvest Food Bank Donations. <https://harvestfoodbank.org>

♥ Alison Webber

***Remember:** In the event of an emergency all contact with students goes through:

Alison Webber (Principal) & Stacey Patterson (Secretary)



NOVEMBER PICTURES...



VOLUNTEERS

Fort Rupert loves our volunteers. If you would like to volunteer please bring a current Criminal Records check to the FRES office.

UTENSILS

Please send reusable forks and spoons with your child. We are doing our best to reduce our plastic footprint.

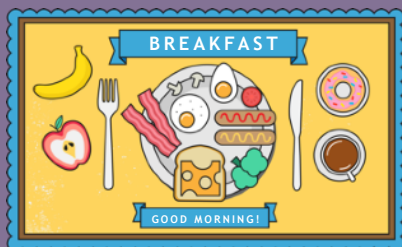
BUS & PLAYGROUND EXPECTATIONS

Students are reminded that while riding the bus or playing outside they expected to follow the school's code of conduct. Which includes respectful behaviour towards each other and ALL staff.

Fort Rupert Elementary is very proud of the polite, respectful students that are from our school. We encourage them to be kind wherever they may be.

GOATS

The Grade 6/7 class has begun a campaign collecting loose change. We hope to collect at least 50\$ in order to purchase a goat for a family in a developing community. A goat offers many different opportunities such as income, education, and food.



The breakfast program helps families to provide additional healthy choices for our students.



Please send your child to school ready to play outside rain or shine. This might include extra socks, pants, boots, and a rain coat.



November' Nice Green Kid Winners: Dyson, Kieryn, Elijah, Mason, and Morgan.

Monthly Draw Winner: Dyson

IS IT BULLYING?

When someone says or does something *unintentionally* hurtful and they do it once, that's

RUDE

When someone says or does something *intentionally* hurtful and they do it once, that's

MEAN

When someone says or does something *intentionally* hurtful and they *keep doing it* - even when you tell them to stop or show them that you're upset, that's

BULLYING

The RCMP say the following about bullying:

Bullying happens when there is an imbalance of power; where someone purposely and **repeatedly** says or does hurtful things to someone else. Bullying can occur one on one or in a group(s) of people.

There are many different forms of bullying:

Physical bullying (using your body or objects to cause harm): includes hitting, punching, kicking, spitting or breaking someone else's belongings.

Verbal bullying (using words to hurt someone): includes name calling, put-downs, threats and teasing.

Social bullying (using your friends and relationships to hurt someone): includes spreading rumours, gossiping, excluding others from a group or making others look foolish or unintelligent.

At home:
Talk to your kids about standing up to bullies... Tell them to tell the bully to stop.. then they need to tell an adult immediately.
Talk to the parents of the child about behaviours that worry you.

At School:
Teach your child the following:
"I asked you to stop."
"I'm telling and Adult."

Then immediately find an adult and report it!!

We can't help to change behaviour if we don't know!

\$50 IN COINS BUYS 1 GOAT FOR A family IN A DEVELOPING COMMUNITY



Every \$50 raised contributes to one dairy goat to help a family and their community unlock a lifetime of opportunity. #WECreateChange



2018 DECEMBER EVENTS

ŁO'YANX FORT RUPERT ELEMENTARY SCHOOL

Bake Sale 3RD	Curling Club 6TH
K1 Class to PHSS 11TH	911 Presentation 11TH
Winter Celebration 19TH	Pajama Day 20TH
Wear Red & Green 14TH	Skating & Last Day 21ST

Fort Rupert Elementary School
5520 Beaver Harbour Road, Port Hardy, B.C., V0N 2P0
250.749.4516

We wish our community a safe and healthy holiday season.

December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
					FRES is collecting loose change to purchase a goat to gift to a family in a developing community!	Hardy Holiday Weekend
2	3	4	5	6	7	8
Santa Claus Parade 25 th Kwakwuił Bazaar EVES Market	Bake Sale #2 10:15 (Recess) Gymnasium at FRES PAC Meeting @ 7:00pm All proceeds to Camp Homewood!			Curling Club Field Trip 12:30-2:30		Christmas at North Island Mall
9	10	11	12	13	14	15
		K/1s to PHSS (AM) 911 Presentation 10:30-11:30			Red & Green! Day @ FRES	
16	17	18	19	20	21	22
			Winter Celebration & Dinner (around 5:30) Exact time will be determined on Dec. 3	Pajama Day Wagalis Xmas Concert GN XMas Concert	Whole School Activity Skating (AM) 2\$ Last Day Assembly Report Cards go Home Last Day	Winter Break Starts
23	24	25	26	27	28	29
		EVES Xmas Concert				
Winter Break	Winter Break	Christmas Day	Winter Break	Winter Break	Winter Break	Winter Break
30	31	1	2	3	4	5
Winter Break	Winter Break					School is back in session on January 8, 2019 (Tuesday)