



'MAGWABO'YI  
NEWSLETTER  
2018



# FORT RUPERT

## GILAKAS'LA!

What a month!!

Jackie Hildering came to present to the 2/3/4s about Sea Otters, Edie McCulley coached our students for the Cross Country Meet, we had a Kellie Haines performance, Thanksgiving, the BC Shakeout Drill, a Pro D, Sointula, picture day, the Halloween Dance & Haunted House, Halloween, and Pajama and Pancakes Day!!

I am very proud of our amazing community and what it can accomplish together. The Halloween dance had its best turnout to date. Thank you FRES PAC for putting on such a spectacular event.

I look forward to seeing what the last couple months of 2018 hold for us!

♥ Alison Webber

**PLEASE CONTACT THE SCHOOL IF YOUR CHILD WILL BE ABSENT!**

Fort Rupert Elementary School Office: 1 250 949 6518



Email: [awebber@sd85.bc.ca](mailto:awebber@sd85.bc.ca)

Website: [fres.edublogs.org](http://fres.edublogs.org)



Facebook: Fort Rupert Elementary Community Page

**IN THE EVENT OF AN EMERGENCY ALL CONTACT WILL GO THROUGH:  
ALISON WEBBER (PRINCIPAL) & STACEY PATTERSON (SECRETARY)**





## NICE GREEN KIDS

Fort Rupert continues focusing on creating self-regulated learners who can manage their emotions, make good choices and define their own goals. To support these positive choices we reward kids that do nice things with nice green kid cards. You can earn a card by being a nice kid or getting into the 'Green Zone' on their own. Each week a card is drawn and that child wins a free recess. The card is put into a monthly draw.

Last month's winner was:

**Masen G!**

This month's winner is:

**Scarlet T!**



## VOLUNTEERS

Fort Rupert loves volunteers. Please make sure you have a valid (within the last two years) criminal record check.

## UTENSILS

If you have extra silverware please send it with your child. We are trying to reduce our plastic waste and will be phasing out plastic utensils.

## BREAKFAST PROGRAM

At Fort Rupert we feel that nutritional programs like the breakfast program are great ways for us to help families and provide additional healthy choices for our students.

**Please do not send stuff that requires boiling water.**

If you are in a pinch let the school know and we will be able to provide a lunch, we just need a heads up!



## RAINY DAYS

Please send your child to school ready to play outside rain or shine. This might include extra socks, pants, boots, and a rain coat.



## SOINTULA CROSS COUNTRY 2018

Congratulations to all those students that participated in the meet. A big thank you Ms. Graham and Edie McCulley for taking our students to Sointula. Here are the results :

### TYKES

Nevaeh: 8th @ 9:29  
Natalee: 17th @ 11:20  
Zoe: 21st @ 11:48  
Natalia: 36th @ 14:55  
Marcus: 3rd @ 7:59  
Liam: 11th @ 8:53  
Aiden: 14th @ 9:05  
Fisher: 19th @ 10:27  
Dyson: 29th @ 12:26

### PEE WEE

Scarlet: 7th @ 16:52  
Allie: 9th @ 17:07  
Hannah: 11th @ 17:52  
Winona: 27th @ 29:43  
Alistair: 4th @ 13:46  
Mattias: 7th @ 14:55

### BANTAM

Mayumi: 1st @ 14:59  
Beth: 2nd @ 15:55  
Fiona: 7th @ 19:31

### OPEN

Edie: 3rd @ 14:03  
Talia: 4th @ 14:15  
Brooke: 7th @ 17:11

### GOOD JOB

EVERYONE!!!!



**OUR AMAZING PAC MEETS THE FIRST MONDAY OF EVERY MONTH AT FORT RUPERT SCHOOL. PLEASE JOIN US IF YOU CAN AT 7:00PM.**

## REMEMBRANCE DAY CEREMONY 2018

Fort Rupert Elementary School will be hosting a Remembrance Day ceremony. This event will take place on Friday, November 9th, at 10:30 am. Please remember that this is a solemn event. Please talk to your children about respectful behaviour.



Your local Families magazine

# IS IT BULLYING?

When someone says or does something *unintentionally* hurtful and they do it once, that's

## RUDE

When someone says or does something *intentionally* hurtful and they do it once, that's

## MEAN

When someone says or does something *intentionally* hurtful and they *keep doing it* - even when you tell them to stop or show them that you're upset, that's

## BULLYING

## STAND UP AGAINST BULLYING: BUT FIRST... KNOW WHAT BEING A BULLY ACTUALLY MEANS...

The RCMP say the following about bullying:

Bullying happens when there is an imbalance of power; where someone purposely and **repeatedly** says or does hurtful things to someone else. Bullying can occur one on one or in a group(s) of people.

There are many different forms of bullying:

**Physical** bullying (using your body or objects to cause harm): includes hitting, punching, kicking, spitting or breaking someone else's belongings.

**Verbal** bullying (using words to hurt someone): includes name calling, put-downs, threats and teasing.

**Social** bullying (using your friends and relationships to hurt someone): includes spreading rumours, gossiping, excluding others from a group or making others look foolish or unintelligent.

### HOW CAN YOU HELP?

#### At home:

Talk to your kids about standing up to bullies... Tell them to tell the bully to stop.. then they need to tell an adult immediately.

Talk to the parents of the child about behaviours that worry you.

#### At School:

Teach your child the following:

"I asked you to stop."

"I'm telling and Adult."

**Then immediately find an adult and report it!!**


**We can't help to change behaviour if we find out too late!!!**



The grade 6/7s are grateful to all those that donated goods to the food bank. We will be taking them the first week of November. If you wish to donate to the Harvest Food Bank please visit their website to see the list of what is in need.

<https://harvestfoodbank.org>

# November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
		FRES PAC Halloween Dance & Haunted House \$2 Admission Bring 1 Food Bank Donation ☺ <a href="#">ARTWORK FOR FUNDRAISER DUE!!!</a>	<b>Halloween!</b> Class Parties & Costume 11:00am *Costume Crawl Downtown 3:00pm – 5:00pm	Pajama Day & Pancake Breakfast	November Assembly 2:00pm October Monthly Nice Kid Draw	
4	5	6	7	8	9	10
	Parent/Teacher Interviews 2:45-?	Parent/Teacher Interviews 1:30-?	Gwa'sala-"Nakwaxda" xw School Soccer Tournament Grade 2/3/4 Class 10:30-2:30 <a href="#">SCHOLASTIC BOOK ORDER DUE!!!</a>	Gwa'sala-"Nakwaxda" xw School Soccer Tournament Grade 4/5/6 Class. 10:30-2:30	Remembrance Day Assembly @ 10:30am Gwa'sala-"Nakwaxda" xw School Soccer Tournament Grade 6/7 Class 11:30-3:30	
11	12	13	14	15	16	17
		Kindergarten Vision Test @ 9am				
Remembrance Day 	Remembrance Day (No School)					
18	19	20	21	22	23	24
25	26	27	28	29	30	1
					Professional Day No School	