

FORT RUPERT

SEPTEMBER NEWSLETTER 2018



PRINCIPAL'S MESSAGE:

Gilakas'la!

I am grateful that I get to begin the 2018 - 2019 school year at Fort Rupert Elementary School and officially will be part of the school for many years to come. I am also excited to share that our school family has grown to almost 80 students! I would also like to welcome Mrs. Stacey Patterson to our family. She is the lovely lady that you see when you come through the front doors at FRES.

At FRES we will continue to work on developing the ability of all students to become critical thinking, self-directed, and engaged learners. This year we are focusing on creating self-regulated learners who can manage their emotions, make good choices and define their own goals. We feel that this will translate into better academic performance and happier, more confident students. We hope that these self-management skills will lead to both school and life success.

Respectfully, Alison Webber / Principal

PLEASE CONTACT THE SCHOOL IF YOUR CHILD WILL BE ABSENT!

FORT RUPERT ELEMENTARY OFFICE: 1 250 949 6518

EMAIL: AWEBBER@SD85.BC.CA

WEBSITE: FRES.EDUBLOGS.ORG

FACEBOOK: FORT RUPERT ELEMENTARY COMMUNITY PAGE



PLEASE REMEMBER TO SEND BACK STUDENT VERIFICATION FORMS, THE CODE OF CONDUCT, AND ANY OTHER FORMS TO THE OFFICE.



PLAYGROUND

The first day of school students arrived to an empty playground and a giant dirt pit. Even though our students miss the dirt pit, we are very proud of our new playground and swings. Fort Rupert students are thankful and excited to have a new beautiful place to play.

WEDNESDAY WALKS

Fort Rupert Elementary wants our children to be mentally and physically fit. We have started a whole school Wednesday Walk. All students assemble out front and together we walk a kilometre. Join us just after 2:00pm to walk. *This is loosely based of the Daily Mile program started in the UK.*



FIRST WEEK ASSEMBLIES

During the first week back Fort Rupert had brief assemblies everyday. One of the main concepts we went over is that even when things seem hard at first it doesn't mean you won't get it. In fact, it only means that your brain is growing and you haven't gotten it **YET!!!** Making mistakes means you are learning!



NATIONAL FOREST WEEK

September 27, 2018 Smokey The Bear came for National Forest Week! The grade 4/5/6 and the 6/7 classes went on a hike on the Commuter Trail to celebrate the week as well.





TERRY FOX RUN

On September 7th, 2018 the word went out that Fort Rupert would be participating in the annual Terry Fox Run. We set a goal of raising \$500.00 that would go to cancer research. As of September 28th, 2018 our amazing little school and community has raised over **\$4529.60!** #fortrupetruns4weston

SPOONS, FORKS, AND KNIVES... OH MY

If you have extra silverware please send it with your child. We are trying to reduce our plastic waste and will be phasing out plastic utensils.

RAINY DAYS

Please send your child to school ready to play outside rain or shine. This might include extra socks, pants, boots, and a rain coat.

VOLUNTEERS

Fort Rupert loves volunteers. Please make sure you have a valid (within the last two years) criminal record check.

BREAKFAST PROGRAM

At Fort Rupert we feel that nutritional programs like the breakfast program are great ways for us to help families and provide additional healthy choices for our students. Please do not send stuff that requires boiling water. If you are in a pinch let the school know and we will be able to provide a lunch, we just need a heads up!

PARENTS ADVISORY COUNCIL

Our amazing PAC meets the first Monday of every month at Fort Rupert School. Please join us if you can at 7:00pm on October 1st, 2018.

FRES ORANGE SHIRT DAY: SEPTEMBER 28TH

Orange Shirt day, September 30th, 2018, is an annual reminder to keep the discussion on all aspects of residential schools happening. It is an opportunity for First Nations, local governments, schools and communities to come together in the spirit of reconciliation and hope for generations of children to come.

<http://www.angeshirtday.org>. Fort Rupert Elementary and Wagalus schools were generously donated an Orange shirt for each student by the HEU Indigenous Peoples Committee. We proudly wore our shirts and came together to play. Some played kickball or soccer. We honour all those affected by Indian Residential Schools.



October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	4	5	6
	Assembly @ 8:45 Nice Green Kid Draw PAC Meeting @ 7:00pm			2/3/4 Sea Otter Presentation PM	World Teacher Day E. McCulley Track Practice @ 2:30-3:30	
7	8	9	10	11	12	13
	Thanksgiving No School	Performance at 1:30pm in FRES Gym		World Mental Health Day	E. McCulley Track Practice @ 2:30-3:30	
14	15	16	17	18	19	20
				BC SHAKE OUT	Provincial Pro-D No School	
21	22	23	24	25	26	27
			Cross Country Event in Sointula	PICTURE DAY!!!!	E. McCulley Track Practice @ 2:30-3:30	
28	29	30	31	1	2	3
		Halloween Dance	Halloween			

**IN THE EVENT OF AN EMERGENCY ALL CONTACT WILL GO THROUGH:
ALISON WEBBER (PRINCIPAL) & STACEY PATTERSON (SECRETARY)**

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CONDUCT, AND ANY OTHER FORMS TO THE OFFICE.**